



## CURRICULUM & FEES – 2023

### Level 2 Diploma in Food Preparation and Culinary Arts – Patisserie (8064-02)

**CONDUCTED AT FB ACADEMY, 777/7, ALTO PORVORIM, GOA - 403521**

**540+ HOURS (5Months, 4 Days a week + 4 Assessment Days Duration)**

**CONDUCTED BY CHEF KUNAL AROLKAR, CHEF PRISCA MORRIS & VISITING EXPERT CHEFS**

**CLASS TIMINGS : MONDAYS – THURSDAYS (& CERTAIN FRIDAYS) : 9am TO 5pm**

**COURSE DATES: BATCH 2/2023 – JULY 3 – DECEMBER 2, 2023**

**All Curriculum, Dates & Fees are subject to City & Guilds UK Regulations & Schedules and final duration may be amended by rescheduling classes but will not affect the stipulated learning hours**

## CURRICULUM - FULL TIME, COMPREHENSIVE (WEEKDAYS)

### 1.HOSPITALITY PRINCIPLES

A holistic approach to our Industry on the whole with focus on important development factors like,

- Understanding the Hospitality Industry
- Understanding Business Success
- Providing Guest Service
- Awareness of Sustainability
- Meeting Guest Requirements
- Professional Workplace standards
- Mis en place & Pre-Preparations

### 2.FOOD SAFETY

An insightful learning covering key topics concerning the topics as below,

- Hygienic preparation of Food, Its Storage, and its Transport
- Controlling hazards and work-related risks in the kitchen and during cooking.
- Maintaining your Kitchen keeping in mind Food Safety
- Tips for FSSAI Compliance
- COSHH & HACCP Principles
- Baking / Cooking & Storage Temperatures
- Waste Segregation & Disposal

### 3.KITCHEN & MENU MANAGEMENT



In this module, we will touch upon the vital operational management of a kitchen,

- Planning your Menu
- Costing & Pricing your Menu
- Business Plan for a Pastry & Bakery Operation
- Staffing & Kitchen Action Plans
- Budgeting & Inventory management
- Patisserie Principles & A Glossary of French Kitchen terminology

#### **4. BAKERY BUSINESS SETUP**

This is a vital module for those who would like to set up their own baking businesses, where we cover,

- Real-time requirements to plan your business (Location, Shop Area, etc)
- List of Licenses required for a Bakery Business Setup in India
- Planning your Kitchen Layout
- Store Staffing, Billing & Administration
- Understanding HR & Customer care

#### **5. TRADITIONAL BAKERY & ARTISAN BREAD-MAKING**

A Comprehensive segment covering,

- Types of Flours, their origins and characteristic flavours and textures
- Types of Yeast and the science behind bread-making (Kneading, Proving & Baking)
- Types of Dough : Fermented, Unfermented
- Traditional & Artisan Breads such as Wholegrain loaf, Sandwich loaves, Soft Dinner Rolls, Baguette, Focaccia, Challah, Ciabatta, Bloomers, Rye & Cornmeal breads

#### **6. BREAKFAST BREADS & LAMINATED DOUGHS**

Understanding breads can ease one into learning more complex techniques of bread-making and laminating doughs, where we cover

- Enriched breads such as Chelsea buns, Hot cross buns, Belgian bread, Devonshire Split
- Breakfast breads such as Croissant, Danish Pastries, Savarin, Kugelhopf, Berliners & Doughnuts, Brioche and Panettone
- Puff Dough techniques
- Savouries like Sausage rolls, meat pies, pasties, vol-au-vents (bouchees) and fruit bandes (trenches)

#### **7. MUFFINS, TEACAKES & COOKIES**



A simple approach to learn not only a wide range of tea cakes and cookies, but also, to uncover the science behind common baking issues and the various techniques of baking. We will cover,

- Methods of Cake Techniques (Creaming, etc)
- Classic Teacakes and Simple Variations (Fruitcakes, Vanilla, Chocolate & Marbled)
- Chocolate & Fruit-flavoured Tea cakes (Mango Sesame, Banana, Carrot, etc)
- American Cookies (Langue de chat, Chocochip, Peanut butter, Oats and more)
- Indian Cookies (Lucknowi Nan Khatai, Shrewsbury, Mixedfruit cookies)
- Muffins & Cupcakes (Vanilla, Chocolate, Red velvet)
- Financiers, Friands, Brownie & Blondie
- Sable (Bretonne, a la Poche, etc) & Scones

#### **8.HOT DESSERTS**

- Clafoutis, Apple Strudel & Pear Jalousie
- Classic Bread & Butter Pudding
- Crepes, Pancakes, Diplomat Pudding
- Hot Souffle Pudding (BakedSouffle)
- Choco Lava Pudding, Warm Toffee Pudding &more..

#### **9.CLASSIC EUROPEAN & FRENCH HIGH TEA**

Advancing your skills to our Intermediate Segment on European classics& a French High Tea covering,

- Cold Set Custards
- Crème Caramel &Brulee
- Eclairs & Choux Buns
- Opera Gateaux
- Macaron
- Palmiers
- Financiers
- Cheese-cakes

#### **10.SHORTCRUST & PASTRY WONDERS**

Keeping your senses focused on Europe, we follow the learning with a Comprehensive segment covering Tarts and European Tortes such as,

- Phyllo (Filo) Dough Sheeting & Baklava
- Linzer Torte, Classic Crumble Pies & Flans, Custard & Classic Tarts
- Savoury Quiches & Flans
- Fruit Tarts & Frangipane Tarts

#### **11.THE CAKES COMPREHENSIVE**



The Cakes Comprehensive is a segment covering all about Gateaux-making such as,

- Sponges :Genoise, Angels & Devils Cake, Madeira, Victoria & more
- Ganaches& Crème-fillings
- Cake-layering Technique and Cake-finishing with Whipped cream & Ganache
- Classic Gateaux (Choco, Fruit & Cream based gateaux and Tiramisu)
- Garnishes of Chocolate, Caramel, Fruits and Glazing Techniques
- Storing & Production Technique
- OREO BUTTERSCOTCH / FRASIER / PINEAPPLE / FRUIT FLORIDA / BLACK FOREST (with Vanille& Choco Genoese)
- COFFEE CREAM (with Coffee Genoese) / CLASSIC BUTTERCREAM (with Madeira)
- DUTCH TRUFFLE (with Choco Genoese) / DEVILS CHOCO CAKE (with devils choco cake)

## **12.FROZEN DESSERTS 101**

The Frozen Desserts module is a favourite in India given our hot weather, where one can learn,

- Ice-cream & Sorbet
- Semi-freddo, Parfait and Bombes (Baked Alaska)
- Classic Frozen Desserts (Peach Melba, Poire Belle Helene, Cassata Cake)
- Meringue based Dessert (Snow eggs, Eton Mess)

## **13.MODERN FRENCH PATISSERIE 101**

Modern French Patisserie is a segment that takes you right into the mind of a Michelin-starred Patisserie's mind. This segment teaches one to compose desserts on the basis of core fundamentals of Taste, Texture, Flavour, Composition and will cover the Intermediate level of Patisserie such as,

- Meringue
- Dacquoise
- Biscuits
- Jaconde Almond Sponge
- Mousses& Cremes like Anglaise, Patisserie, Chiboust, Bavarian & Chantilly
- Chocolate & Fruit Based Desserts
- Garnishes of Tuile, Chocolate, Isomalt and more
- Sauces of Chocolate, Caramel, Cream-based & Fruit
- Plating Techniques & Styling
- CHARLOTTES / L'OPERA / CHOCO ALHAMBRA & so on

## **14.FRENCH ENTREMETS 101, INTERMEDIATE**



Keeping our students updated on the current trends in the world of patisserie demands attention to Modern Entremets where we will cover,

- Casting French Entremets with Flavour & Texture Infusions
- Glacing & Chocolate Spraying Techniques
- Storing & Serving Entremets with Modern Garnishes and Textures
- Isomalt garnishes

### **15.PETIT FOURS**

Often referred to as the most memorable part of a meal, the Petit Fours is a selection of bite-sized sweets, under which we will cover,

- Meringues
- Tender Caramels & Brittles
- Choux buns & Eclairs
- Macarons & More

### **16.WEDDING CAKE ACE, BASIC TO MID-INTERMEDIATE\***

Dedicating a module to this creative art of cake-making, is evidence to the fact that icing the Techniques of making fine Wedding Cakes requires focus on,

- Double-barrel cake-layering, sharp edges and tiered cakes
- Designer Decorative & Colouring Techniques using Fondant &Gumpaste
- Basic Flowers, Lace-work and Presentation

### **17.CHOCO PRALINES & CHOCOLATE ART, INTERMEDIATE\***

Chocolate is a skill that one can master with passion and dedication and this segment aims to get students started down that path,

- Ganaches, Caramel Tendre, Truffles, Nougatine, Brittle
- Techniques such as Tempering, Dipping, Hand-rolling, Moulding, Coloring and more
- Learning to design your own Mini Chocolate Showpiece using fundamentals such as Proportion, Colour, Design flow

### **18.EGGLESS BAKING, INTERMEDIATE\***

A Segment of Eggless Baking ideal for Entrepreneurs on how to notch up a full range of Pastry & Bakery products by personalising Premixes and Concentrates and through Substituting Egg in Cookie & certain Teacake Recipes

### **19.INDUSTRY SENSITIZING**



On completion and post assessment, students can take up added practical exposure to understand the actual implementation of all that is taught in this course, through,

- Periodic Interaction with Industry Experts visiting us through-out the course
- A 2-month Bakery & Pastry Industrial Training in Hotels in Goa and pan India post completion (Optional for Students)

## 20.SUBMISSIONS

During the Course, Students / Learners are required to,

- **Maintain a 100% Attendance**
- **Maintain Updated Recipe Journals**
- **Complete Practical Tasks for All Theory Units & Submit them during the course**
- **Prepare by themselves a Portfolio Project on anyone topic related to Patisserie or your Own Bakery Project report** to be submitted for Evaluation at the time of the Practical Assessment.

## 21.WRITTEN ASSESSMENTS

Each Student / Learner must take a Multiple Choice Question based Assessment **using their own Laptops** and internet connections at the Academy centre, each student will be assessed on,

- 207 – Food Safety
- 240 Hospitality Principles
- 242 Food Preparation and Culinary Arts – Patisserie (Theory Test)

## 22.PRACTICAL ASSESSMENTS

Every Student / Learner must undergo a Practical Assessment wherein they will be asked to make the bakery products they have learnt in the course, within a duration of 3 Hours (From Indent to Preparation to Presentation & Viva)

Upon successful completion of all these assessments, the **Level 2 Diploma in Food Preparation and Culinary Arts – Patisserie (8064-02)** will be awarded by City & Guilds, London (UK) along with a Digital Badge via email, no marksheets will be provided

## 23.PLACEMENTS & INTERNSHIPS

FB ACADEMY GOA, Under City&Guilds UK guidelines **does Not Provide or Guarantee Placements** of any kind, to any of its students, under any of their Workshops or Programs. However, we **do** offer support to Diploma students looking to start an **Internship** in Pastry & Bakery, in Goa, but do not influence or govern any of the Internship conditions or accommodation for the same.

FB ACADEMY GOA **Cannot** Mediate or Influence the Nature of Internships or Placements (if provided) at any Third Party, in any way, as they are not within our limitation of influence.

**Admissions Open for Batch 1&2**



## FEE STRUCTURE

| SNO                                 | DESCRIPTION   | FEE (IN INR)           |
|-------------------------------------|---|------------------------|
| 1                                   | Admission Fees<br>(towards Admission & Assessment charges to City & Guilds) | Rs. 50,000.00          |
| 2                                   | Course Tuition Fees<br>(towards Materials & Overheads for the Sessions)     | Rs. 2,30,000.00        |
| 3                                   | Administrative Fees<br>(towards Administration & Miscellaneous Expenses)    | Rs. 15,000.00          |
| <b>FEE TOTAL (RUPEES)</b>           |   | <b>Rs. 2,95,000.00</b> |
| 4                                   | <b>GST @18% APPLICABLE ONLY ONCE THE NUMBER HAS BEEN AWARDED</b>            | <b>Rs. 53100.00</b>    |
| <b>GRAND TOTAL PAYABLE (RUPEES)</b> |   | <b>Rs. 3,48,100.00</b> |

**\* FEE STRUCTURE SUBJECT TO GST ONLY UPON AWARDING OF GST NUMBER**

**ADDITIONAL KIT & UNIFORM CHARGES, IN CASH AT THE ACADEMY – COMPLIMENTARY  
(EXCLUSIVE FOR JAN 2020 BATCH JOINEES)**

| SNO  | PAYMENT DETAILS  | AMOUNT PAYABLE (IN INR)               |
|--|--|---------------------------------------|
| 1  | Charges towards 2 sets of Uniforms (Chef Cap, Chef Coat, Chef Apron x 2 sets)      | Rs. 4000.00 (Included in Fees)        |
| 2  | Full Patisserie Tool Kit + Cloth Tool Kit bag<br>(Mandatory For C&G Students Only) | Rs. 5000.00 (Included in Fees)        |
| <b>GRAND TOTAL - FREE FOR 2023 BATCHES</b> |  | <b>Rs. 9000.00 (Included in Fees)</b> |

**PAYMENT SLABS – Currently we are not levying GST, Hence the Fees will be Rs 2,75,000/-**

| SNO | PAYMENT SLAB   | AMOUNT PAYABLE (IN INR)                                  |
|-----|--|--|
| 1   | Advance Fees for Enrollment Booking  | Rs 73,750/-  |
| 2   | Balance Fees on Day of Commencement (Or 3 More Equal Monthly Installment Payments of Rs 68750/- payable before 10 <sup>th</sup> of every subsequent month, if Learner is Goan & Has a Valid Local Govt ID) | Rs 2,21,250 (Or 3 monthly installments of Rs 73750 each) |

**NB : ALL DUES (IF ANY) NEED TO BE CLEARED 30 DAYS BEFORE FINAL ASSESSMENTS**

### FEE RULES



1. All Learners to be at least 16years or above as on Assessment date
2. Fees are for a single person for a single batch of the City & Guilds Level 2 IVQ Diploma in Food Preparation and Cooking (Patisserie) Course Code – 8065-03 which is a Hands-On Course comprising Cleaning, Baking, Packing & Weighing & Economics of Baking
3. Advance Fees to be paid to confirm your Enrollment for the Batches at FB ACADEMY GOA
4. Fees once paid are non refundable & non transferable as per City & Guilds rules
5. If the batch gets annulled by the Academy or Board, Full Fees (Without any Interest) will be refunded to the students or can be carried, in whole or partly, to the next batch by students
6. Every Batch has a Limited Batch strength & Minimum Batch strength requirement is needed to commence the batch, admission is on first-cum-first-served basis only
7. All Payments to be done in INR in Cash or Electronic mode only, no forex payments accepted
8. During the Course, damages to property / equipment by student, if any, may be levied over and above the fees to cover replacement / repairs
9. The Fee Structure does not Include any Lunch, Local Accommodation & Transport Costs (WE CAN SURELY ASSIST STUDENTS IN FINDING ACCOMMODATION / TIFFIN SERVICE)
10. The Management reserves the Right to Admission for the Courses
11. Incase student is found to be indulging in any criminal offence while at the Academy, if directed by Local Authorities, they may be removed without any refund
12. Students Absent / Failing the assessments can re-appear in next assessment date only against 30% Fee Payment of the Full Course Fees
13. The Students are asked to carry home what they bake for their parents to monitor their progress, grievances if any should be addressed to us during the tenure of the course, FB Academy will not entertain any issues regarding a batch after the batch is completed.
14. All students are advised to maintain a 100% Attendance, the course being only a short duration practical training course, portion which is missed will not be repeated
15. We help students get Internships but do not govern / influence the internship conditions
16. We do not offer Placements (Or Work Opportunities) in India or Abroad as part of this program and clarify that this course is purely a vocational training program and neither does this course guarantee any visa / work permit abroad
17. If students should lose their original diploma, they can re-apply for a duplicate copy of their Diploma against a Re-issue Fee payment of Rs 6000/-
18. All Claims and Requests for Internships, for graduating students or alumni, should be submitted no later than 24 months after completion of course, failing which the Academy may not be able to help
19. Kindly ensure you carry your own mask, water bottle, laundered uniform and buy a comfortable pair of non-slip shoes (no sandals, no heels) and 2 pairs of black pants / jeans





#### **BANK DETAILS**

Kindly make your Cheques out to **"FOODYBREAKS"** & PAYABLE AT THE ACADEMY DIRECTLY

**DETAILS ON REQUEST, KINDLY INTIMATE US AFTER MAKING TRANSFERS OR CHEQUE PAY-IN WITH YOUR NAME, THE BATCH DATES, THE TRANSACTION CODE / STAMPED PAY-IN SLIP & AMOUNT TRANSFERRED, SO WE MAY ACKNOWLEDGE RECEIPT OF THE SAME.**

Kindly contact us for any clarifications / inquiries on M 9820220912 or via EMAIL :  
[fbacademygoa@gmail.com](mailto:fbacademygoa@gmail.com) / [arolkark@gmail.com](mailto:arolkark@gmail.com)

**MANAGEMENT, FB ACADEMY GOA  
23/06/2022, GOA  
[www.foodybreaks.com/academy](http://www.foodybreaks.com/academy)**